

PATRICIA TAYLOR-SHIPLEY

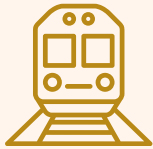
TRANSFORMATIONAL SPEAKER/ SECOND CHANCE AMBASSADOR/ AUTHOR

**IS YOUR EFFORT
TAKING YOU
WHERE YOU WANT
TO GO?**



*For organisations whose people
are working hard – but hidden
forces may be limiting their
confidence, potential and
direction.*

SIGNATURE KEYNOTE



THE HIDDEN FORCES THAT SHAPE OUR DESTINATION

In this powerful story-led keynote, Patricia explores why effort alone isn't always enough. She reveals how beliefs, assumptions and patterns formed through past experiences can quietly influence confidence, behaviour and decision-making – often without us recognising they are there. Using the metaphor of railway Points – the small switches that determine which track a train takes – Patricia shows how seemingly small internal shifts can ultimately lead to a very different destination.



SMALL SHIFTS
CAN CHANGE
YOUR DIRECTION

AUTHOR OF
THE RE-ORIENT
EXPRESS

Audiences will leave able to:



SPOT THE EVIDENCE LOOP

Recognise how existing beliefs can reinforce patterns that affect confidence, behaviour and decisions..



SHINE A LIGHT ON THEIR POINTS

Identify the hidden beliefs and patterns that may be influencing how they respond to change, challenges and opportunities.



MOVE THE POINTS

Discover how small shifts can build confidence, create momentum and change direction.

A few inches at the points can change the destination of an entire train

ABOUT PATRICIA

With degrees in Psychology and qualifications in psychometrics and mental toughness, Patricia combines psychological insight with lived experience to help audiences recognise the hidden forces shaping confidence, behaviour and direction.

IDEAL FOR

Leadership Conferences • Employee Wellbeing •
Learning & Development • Women's Networks •
Change & Transformation • Resilience Events

INVITE PATRICIA TO SPEAK

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UK-based • Available to travel