

**Transformational Speaker  
Second Chance Ambassador  
Author of The Re-Orient Express**

**SPEAKER SHEET**



**PATRICIA  
TAYLOR-SHIPLEY**

# SPEAKER SHEET

As the author of *The Re-Orient Express: Get Your Life Back on Track – One Station at a Time*, Patricia blends storytelling, psychology, faith principles, and practical tools to help audiences move from stuck to aligned, from doubt to direction, and from fear to forward momentum.

# SPEAKER SHEET

Patricia K Taylor-Shipley is a speaker, author, and reinvention guide for women ready to get their lives back on track.

After rebuilding her own life through significant change, Patricia discovered that reinvention is not about becoming someone new – it is about reorienting toward who you truly are. She is the author of *The Re-Orient Express: Get Your Life Back on Track – One Station at a Time* and the creator of the T.R.A.C.K. framework, a practical pathway that helps individuals move from self-doubt to clarity, from fear to forward momentum.

Known as the “Second Chance Ambassador,” Patricia blends storytelling, psychology, and practical tools to equip audiences with renewed confidence, direction, and the courage to begin again.

# SPEAKER SHEET

- **Signature Talk**

## **The Train That Saved My Life**

### **A Practical Framework for Reinvention in Times of Change**

A powerful, story-led keynote that explores what happens when high-performing professionals experience disruption – and the structured framework required to rebuild clarity, confidence, and momentum. Through lived experience and psychological insight, Patricia introduces her T.R.A.C.K. framework – a practical system for recalibrating when success feels misaligned or progress has stalled.

# SPEAKER SHEET

- **Additional Keynotes  
& Breakout Sessions**

- **It's Not Too Late: Reinvention After 40 & 50**
- **Fear Crossing: Moving Forward When Self-Doubt Is Loud**
- **The Momentum Loop: Stop Starting Over and Start Moving Forward**

# SPEAKER SHEET

## What audience Experience

Patricia delivers more than inspiration – she delivers structured transformation.

Audiences experience a powerful blend of lived storytelling, psychological insight, and practical strategy designed to support clarity, resilience, and forward momentum.

She creates a calm yet compelling environment where professionals feel seen, challenged, and equipped to recalibrate when progress feels stalled.

Participants leave with:

- Clearer decision-making confidence
- Practical tools they can apply immediately
- Greater awareness of patterns that limit performance
- Renewed personal and professional momentum
- A structured next-step roadmap using the T.R.A.C.K. framework

## Ideal For

- Women's Conferences and Leadership Events
- Midlife Reinvention Summits
- Corporate Wellbeing and Personal Development Days
- Professional Women's Networks
- Career Transition or Change Management Events
- Coaching and Personal Growth Retreats

## Patricia's Heart & Credibility

She is the author of *The Re-Orient Express: Get Your Life Back on Track – One Station at a Time* and the creator of the T.R.A.C.K. transformation framework. Her work blends psychology, practical personal development principles, and structured strategy to ensure audiences leave with both emotional resonance and measurable momentum.

Known as the "Second Chance Ambassador," Patricia is committed to helping women realise that reinvention is not about starting over from scratch – it is about stepping forward with clarity, ownership, and renewed belief.

# SPEAKER SHEET

## Practical Information

Available for talks, testimonies, retreats, workshops, and women's events Talk lengths: 20, 40, or 60 minutes. Messages can be tailored to event themes, organisational goals, or audience needs. UK-based | Available to travel

**Invite Patricia to Speak** If your organisation is seeking a speaker who brings warmth, and hope, Patricia would be honoured to serve.

 Email: [info@soulconnectionhighway.com](mailto:info@soulconnectionhighway.com)

 Website: [www.soulconnectionhighway.com](http://www.soulconnectionhighway.com)